



GOAL SETTING FOR SUCCESS

STUDENT NAME: _____

THE FOLLOWING JOB LIST IS TO BE COMPLETED BETWEEN BELT TESTING EVENTS AND MUST BE HANDED IN DURING THE 5TH WEEK (STRIPE WEEK) TO RECEIVE YOUR PERSONAL ACHIEVEMENT STRIPE AND TO BE ELIGIBLE FOR RANK PROMOTION. BEGINNER BELTS NEED A MINIMUM OF 1 STRIPE. INTERMEDIATES NEED A MINIMUM OF 2 STRIPES, AND ADVANCED STUDENTS NEED A MINIMUM OF 3 PERSONAL ACHIEVEMENT STRIPES.

HERE IS A LIST OF GOALS I WOULD LIKE TO ACCOMPLISH IN THE NEW YEAR:

SMART - Specific, Measurable, Attainable, Relevant, Timely

MY GOAL FOR KARATE IS:

MY GOAL FOR SCHOOL IS:

MY GOAL FOR HOME IS:

Authorized by: _____ Date: _____
parent or guardian



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