



RANDOM ACTS OF KINDNESS

STUDENT NAME: _____

THE FOLLOWING JOB LIST IS TO BE COMPLETED BETWEEN BELT TESTING EVENTS AND MUST BE HANDED IN DURING THE 5TH WEEK (STRIPE WEEK) TO RECEIVE YOUR PERSONAL ACHIEVEMENT STRIPE AND TO BE ELIGIBLE FOR RANK PROMOTION. BEGINNER BELTS NEED A MINIMUM OF 1 STRIPE. INTERMEDIATES NEED A MINIMUM OF 2 STRIPES, AND ADVANCED STUDENTS NEED A MINIMUM OF 3 PERSONAL ACHIEVEMENT STRIPES.

LIST YOUR RANDOM ACTS OF KINDNESS

Things you do for others without expecting anything in return.

1

2

3

4

5

6

7

8

9

10

Authorized by: _____ Date: _____
parent or guardian



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